Miss Lynn's Books & More

Book Reviews, My Favorite Authors and Favorite Book Sites

Thursday, January 26, 2012

Kitchen Addiction by Lizz Lund

Kitchen Addiction
Lizz Lund
Create Space
October 2011
General Fiction/Comedy
5 stars

Enter the world of Mina Kitchen and spend one hilarious week with her. More happens in a week then most people have happen in six months... In her forties, office manager at EEJIT, single, owns a cat, a bird and her own apartment and loves to cook, if she gets the chance... Only problem she is never alone. Seems her neighbor Vito is always at her house, cooking up some concoction that would make most people run for cover and addicted to her Swiffer while he manages to hook Mina into taking his laundry to the cleaners and pick up what is there.

Seems someone has been going around slinging bags of flaming Doggie Doo and burning down the new Buy-A-Lots that are being promoted through the sales divisions at EEJIT. Only now it's starting to get personal. They try to burn down EEJIT's ,thrown a bag at Vito's apartment and Mina keeps getting knocked out. Now can they find the culprit? Eventually losing her job now Mina has to find other means as she has all the help in the world from the cast of characters

There is so much to this book that it would be impossible to write about everything that goes on throughout the week in her life. The book is full of what one would consider light comedy, word puns, cat's, dogs and cooking and the characters are amazing. From Vito who is in the witness protection plan, to Norman her work buddy who really is rich and doesn't need to work to her mother and aunt that is forever trying to let's say blackmail her into painting her apartment and her pregnant sister. Amid illegal prescription drug sales to being guarded by her former cohorts from work, life is one hilarious ride for Mina. This book was a real pleasure to read and more than once my husband wanted to know what was so funny when I was reading. One word of warning! I would not suggest trying the recipes in the book. I have just touched a little bit of what the book is about. I would recommend this book for all who like a comedy that will help break the gloominess of a day.

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